

2021/2022 Start of Season Newsletter





A message from the President

Dear Members and Friends of Upminster Hockey Club

At last a new full season is ahead of us and it is time to clean your boots and polish your sticks.

After many years of brilliant leadership, Mike Scrivener has decided to retire from the position of Chairman. An Office he has held with skill and dedication in an exemplary manner. Thanks Mike.

We have an excellent replacement in Andrew Berry, our new Chairman and we wish him every success in this important role. Also, Martin Nutt has taken over as Youth Liaison Officer from Andrew and I am sure he will continue this important job of training our many young players, so important for the future of the Club. We have as many as 180 girls and boys coming along to our training evenings, so a big job for Martin and a big thanks to Andrew for bringing our youth training to this level.

Other Committee changes are Jack Coleman and Kerry Hodges who are taking over from Steve Wright and Jackie Foley as Men's and Ladies Club Captains. Thanks to Steve and Jackie for their excellent contribution to the Club. Patrick Carol is now Colours and Equipment taking over from Liz Dunnett. Thank you Liz for keeping the players so smartly kitted out. Last, but not least, Tony Dance is retiring as Umpire Liaison Officer, a difficult job to make sure that all matches are covered with umpires. Thanks Tony and well done. Jordan Southern has bravely taken on the task and we wish him well.

Plans to redevelop the Club House have been curtailed due to Covid and are now being progressed by the Pavilion Club. The option of rebuilding the Club House completely is also being investigated, which may well be possible providing funding through grants can be realised. You will be hearing more about this in due course.

I am sure you are all looking forward to an exciting season on the field. England Hockey has completed the rearrangement of the League structure and Upminster has chosen to remain in the East region, so you may be meeting some new clubs this season as well as those you know well.

Be proud of representing our great Club, remembering that hockey is a sport. Respect those around you, especially the Umpires. Most of all enjoy your hockey and the many great social events that our Social Committee have organised for us to enjoy.

Ken Nutt
President



Our Committee 2021/2022

President

Ken Nutt / President@upminsterhc.co.uk

Chairman

Andrew Berry / Chairman@upminsterhc.co.uk

Hon Treasurer

Lloyd Sutton / treasurer@upminsterhc.co.uk

Hon Secretary

Ian Loman / honsec@upminsterhc.co.uk

Ladies & Men Fixture Secretary

Jill Wright / fixtures@upminsterhc.co.uk

Colours & Equip Secretary

Patrick Carroll / colours@upminsterhc.co.uk

Umpire Liaison Officer

Jordan Southan / ulo@upminsterhc.co.uk

Junior Liaison Officer

Martin Nutt / jlo@upminsterhc.co.uk

Welfare Officer

Sarah Lower / Jo Monaghan / cwo@upminsterhc.co.uk

Director of Hockey

Matt Malby / coach@upminsterhc.co.uk

Men's Chair of Selectors

Matt Malby / mcos@upminsterhc.co.uk

Ladies Chair of Selectors

Jill Wright / licos@upminsterhc.co.uk

Social & Events Secretary

Ryan Hodges / webmaster@upminsterhc.co.uk

Ladies Club Captain

Kerry Hodges / lcc@upminsterhc.co.uk

Men's Club Captain

Jack Coleman / mcc@upminsterhc.co.uk

Membership Secretary

Phillip Hudson / members@upminsterhc.co.uk



Training Sessions

Adults Training Sessions at Coopers School

Day	Time	Adults
Tuesday	7.00pm - 8.00pm	Ladies - 3s & 4s
Tuesday	8.30pm - 9.30pm	Men's – 3's, 4's, 5's & Boys Year 8+
Wednesday	7.00pm - 8.00pm	Ladies – 5's, 6's & Girls Year 8+
Wednesday	8.00pm - 9.30pm	Ladies – 1's & 2's
Wednesday	8.00pm - 9.30pm	Men's – 1's & 2's

Junior Training Sessions at Coopers School

Day	Time	Boys & Girls Squads	School Year
Tuesday	6.00pm - 7.00pm	U6 to U10	Years 1, 2, 3, 4, 5
Tuesday	8.30pm - 9.30pm	U13 to U16 Boys	Years 8, 9, 10, 11
Wednesday	6.00pm - 7.00pm	U11 to U12	Years 6 & 7
Wednesday	7.00pm - 8.00pm	U13 to U16 Girls	Years 8, 9, 10, 11
Sunday	9.30am - 10.30am	U6 to U10	Years 1, 2, 3, 4, 5
Sunday	10.30am - 11.30am	U11 to U12	Years 6 & 7
Sunday	11.30am - 12.30pm	U13 to U16	Years 8, 9, 10, 11



Membership update

As agreed at the AGM, our annual membership fees and match fees are being held this year and we are also offering an optional discount for last season's members.

New Members

- Adults (18+): £180 (Reduced to £150 if paid before 1st November.)
- Family Membership*: £360 (Reduced to £300 if paid before 1st November).
- Juniors (Under 18)**: £90

**No family will collectively pay more than a family membership.*

***Reduces by £10 for each additional child in this category.*

Optional Reduced Rates for Existing Members

As season 2020-2021 was cut short by Covid and we were unable to offer as much hockey as usual we are offering an optional reduced rate to existing members:

- Adults (18+): £150 (Reduced to £120 if paid before 1st November.)
- Family Membership*: £300 (Reduced to £240 if paid before 1st November).
- Juniors (Under 18)**: £75

**No family will collectively pay more than a family membership.*

***Reduces by £10 for each additional child in this category.*



COVID update

Thank you all for following the guidance we had in place last season and for the end of season tournament.

There has not yet been any specific guidance from England Hockey regarding returning to the pitch, so we will let you know of any requirements as we receive them.

In line with the existing guidelines from the UK Government could you please ensure that if you have any COVID symptoms that you do not attend either training or matches at Upminster Hockey Club. I am sure you do not need reminding, but the symptoms are:

- A high temperature – this means you feel hot to touch on your chest or back.
- A new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).
- A loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

In addition if you have been asked to stay away from School or the Workplace due to contact with a person that has been diagnosed with COVID, you must stay away from all hockey activities until you have self-isolated for the required period.

If you do show symptoms and have recently been involved in a game or training session then please contact covid@upminsterhc.co.uk to let us know as this is a crucial part of our test and trace system.

Phillip Hudson

Covid Officer & Membership Secretary



Club Communications

We are constantly trying to improve our club communications by using all of the various channels that are available to us to make sure we reach all of our members. So please keep an eye out throughout the season for announcements around training updates, social events, & club meetings.

If you haven't already done so please follow us on the social media sites below.

Website - www.upminsterhc.co.uk

Our website's main purpose is to keep all of our members up-to-date with everything that is happening at the club. It has training times, team fixtures for both senior and juniors, membership forms and various match reports.

Facebook - www.facebook.com/UpminsterHC

Please 'tag' us in any of your posts as well as 'like' and 'share' posts that we send out.

Twitter - <https://twitter.com/UpminsterHC>

Please '@mention' us in any of your posts as well as 'like' and 'retweet' posts that we send out.

Instagram - www.instagram.com/upminsterhockeyclub

Please '@mention' us in any of your posts and 'like' posts that we send out.

Should anyone like to get involved with writing match reports, taking photographs, promoting events please contact webmaster@upminsterhc.co.uk

Ryan Hodges

Communications & Webmaster



End of Season Tournament

Due to Covid the hockey season had to finish a lot earlier than normal with guidelines impacting teams playing other clubs.

With many players still wanting to play hockey, we decided to organise an end of season intraclub hockey tournament. We managed to put together 8 teams, all of which were mixed genders, mixed aged groups and a variety of playing abilities. It allowed a lot of the younger players to learn from our more experienced players including several 1st team players.

The matches were competitive but enjoyable and were played in good spirit. Speaking to a lot of players and some of the parents, everyone seemed to enjoy it and were glad that we could play some hockey to see us out to the end of the season.

I want to thank all of the captains who helped run the teams every week, especially as it's not easy getting a team out every week with mixed availability, let alone the impact of Covid that affected some people. I also want to thank all of the umpires that umpired during the tournament. It is a thankless task and without umpires, the games simply couldn't go ahead.

I'm hoping that the 2021/22 hockey season will go ahead without too much disruption and if so, this should see the return of the Intraclub Summer League, which is very similar to this tournament. I hope many of you will look to enter the Summer League next year.

Jordan Southan
EOST Organiser





Mixed Hockey

The mixed hockey season was interrupted by Covid just like the mens and ladies hockey seasons were, but that didn't stop the UHC Mixed team from winning some silverware in the 2020/21 hockey season.

The mixed team participated in a new Mixed Tournament hosted by Chelmsford HC. The mixed team played some really competitive hockey and finished 2nd taking home a cup.

The mixed team also participated in the Bailey Cup Mixed Tournament hosted by Saffron Walden HC and were defending champions having won the Bailey Cup the season before. There was a variety of teams and some very strong competition and although the mixed team weren't able to retain the Bailey Cup, they did win the Shield.

We can't wait to get back to playing some mixed hockey in the season ahead and look forward to entering the mixed tournaments again towards the end of the season. If anyone is interested in playing mixed hockey, please email mixc@upminsterhc.co.uk.

Jordan Southan
UHC Mixed XI Captain





Junior Hockey

A big warm welcome back to all our Junior members and their parents for the 2021/22 season.

I would firstly like to thank Andrew Berry for all his hard work over the past 8 years in organising the youth section. We are now close to 200 U18 members which proves what a great success the UHC juniors have become, thanks to all the volunteers, managers and coaches who continue to offer their time to support and develop our junior sides.

We are all very much looking forward to a more stable season and are working with England/Essex hockey to develop a full tournament schedule across all ages, to provide competitive matches throughout the season.

I am pleased to confirm training sessions will commence from Sunday 5th September at Coopers School.

In order to keep numbers at training constant across all age groups we have tweaked the training schedule to avoid overloading certain sessions. The breakdown of each year group can be found in the Junior Training Sessions table on Page 3.

Currently we are waiting for direction from England hockey regarding any Covid protocols that might need to be in place for training and matches. We will keep you posted as we hear more on this.

Just a general reminder that all juniors must have shin pads and mouthguards at both training and matches.

We look forward to seeing you soon.

Kind regards,

Martin Nutt

Junior Liaison Officer - Upminster Hockey Club

jlo@upminsterhc.co.uk



Social Events 2021/2022

With COVID restrictions fully lifted here is our proposed list of Social Events for the upcoming season. We understand that this may not be for all but we'd love to see as many of you down the clubhouse as possible. Not only is this a great way to meet other members from the club but it's always a good way to raise funds for the club. In addition to these dates the clubhouse is always open to all of our members every Saturday from around midday through to late evening. We'll always be showing various football, rugby and other sporting events for you to enjoy.

Should anyone wish to host or suggest a Social Event for the club, please contact social@upminsterhc.co.uk with your ideas and any budget you may require.

More information about the below events will be shared on our website & social media channels.

Start of the Season '80s' Party  
Saturday, September 18, 2021


Oktoberfest   
Saturday, October 16, 2021




Junior Halloween Party     
Sunday, October 31, 2021

Bangerz 'n Mashupz!   
Saturday, November 13, 2021

UHC Xmas Party 
Saturday, December 11, 2021


Junior Xmas Party 
Sunday, December 19, 2021

Boxing Day Match  
Sunday, December 26, 2021


NYE Party   
Friday, December 31, 2021




TBC
Saturday, January 15, 2022

TBC
Saturday, February 5, 2022

Bingo 
Saturday, March 12, 2022

End of Season Party 
Saturday, March 26, 2022

Easters 7's  
Saturday, April 16, 2022

Dinner & Dance   
Date, Venue TBC, 2022

Ryan Hodges
Social & Events Secretary



Sponsorship

Upminster Hockey Club is looking for partners to assist with the development of the club so that we can continue to grow and offer opportunities to all members of the local community both on and off the pitch.

Any interested company or individual would benefit from the reach into the broad UHC membership which currently comprises 5 mens & 6 ladies teams, playing teams from London and counties across the South and East of England. The club also runs a mixed team, indoor sides and a wealth of junior teams covering age groups from 6 to 18 (approximately 200+ colts), all of which play in local leagues and competitions.

As part of our development, we would like to increase and enhance the quality of hockey that we can offer through facilities, equipment and coaching to improve the standards across all the teams.

Based in the heart of Upminster, we are extremely proud of the friendly and safe environment we have created for our members, friends and their families. The majority of our home games and training sessions are held at Coopers' Company and Coborn School in St Mary's Lane, with other local schools providing facilities when necessary.

Partnering with UHC will give you the opportunity to promote your business and services (or products) to our membership (players, parents and supporters) and the wider hockey community. If you would like your business to be associated with this thriving local club and are interested in hearing more about the partnership opportunities we are offering then please contact the following email address mcc@upminsterhc.co.uk to arrange a time when we can visit you.

We look forward to hearing from you and building a mutually beneficial partnership.

UHC Sponsorship Team



Funding opportunities

Easyfundraising.org.uk

Don't forget, help to raise funds for Upminster Hockey Club whenever you shop online!

We have already raised over **£440** for the club and with your help this will continue growing.

Use easyfundraising to shop with over 3,300 big name retailers including Amazon, Argos, John Lewis, and ASOS – and when you shop, you'll raise a free donation for us every time. It's that easy!

Help support us: <https://www.easyfundraising.org.uk/causes/upminsterhockeyclub/>

The banner features the Easyfundraising logo at the top, which includes a stylized 'e' and the text 'easyfundraising feel good shopping'. Below the logo, the text 'We've raised' is written in a large, dark blue, handwritten-style font. Underneath this, the amount '£440' is displayed in a white font inside a grey rounded rectangle. The text 'with easyfundraising!' follows in a bold, dark blue font. Below that, it says 'Help us raise **EVEN MORE** for **FREE** when you shop online'. At the bottom of the banner, it says 'Use the link below to support us' and provides the URL 'www.easyfundraising.org.uk/causes/upminsterhockeyclub/' in a white font inside a grey rounded rectangle.

4,300 online sites will give us a free donation when you shop with them - at no extra cost to you!



Download the easyfundraising App





Ongoing fundraising event

Big thanks to everyone who signed up for our UHC Fantasy Football League.

Last count was a massive 50+ entries.

With the £10 entry fee we have already donated **£250** to the club and the remaining entry fees will go towards the cash prizes as listed below:

1st Place - £100

2nd Place - £40

3rd Place - £30

4th Place - £20

5th Place - £10

And to keep the interest going throughout the season we will also be running a **Manager of the Month** prize which will be £5 each month. And for the 1st time **The UHC League Cup** will start in the second half of the season and will conclude in Gameweek 38. The winner of the Cup will receive a small cash prize.

If you have a team and would still like to enter then the League Code is: **jip486**

Bank Details for £10 entry:

Upminster Hockey Club

40-07-31

02224127

Thanks,

Ryan Hodges